

# Are you a Separated Parent?

Parenting is a very difficult task.  
Parenting separately brings its  
own unique challenges.



Family Matters York and York Family Mediation Service are offering a FREE 2-session course which explores some of these challenges and how we can do the best for our children.

**Date:** Tuesdays 6, 13 November

**Time:** 7.30pm to 9.30pm

**Venue:** Elim Corner, First Floor, 47-49 Lawrence St,  
York YO10 3BU (above Triumph Motorbike shop)

Ex-partners must attend the course separately.

To book a place or for any further information please contact  
Helen Atkinson on 07393 147259  
email [helenatkinson@fmy.org.uk](mailto:helenatkinson@fmy.org.uk)

Come along and share your ideas with other parents!

**fami**ily  
matters\_york



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Mediation