



A MESSAGE FROM MISS BAMFORD This week it is the turn of Personal, Social and Health Education to share an update of what we have been learning.

PSHE- Dreams and Goals

This term, all classes have started their new topic of 'Dreams and Goals.'

This topic looks at: staying motivated when doing something challenging, to keep trying even when it is difficult, working well with a partner or group and helping others to achieve their goals.

These aspects of our PSHE lesson reinforce our school values of: RESILIENCE, SELF-BELIEF and RESPECT.

Below is the sequence of progression for the Dreams and Goals topic.

- ✓ **EYFS:** Gain the confidence to ask for help to achieve simple goals.
- ✓ **Year 1:** Understand how to set simple goals.
- ✓ **Year 2:** Understand how to set realistic goals and to think about how to achieve them.
- ✓ **Year 3:** Understand how to set realistic goals and think about how to achieve them, recognising obstacles to their success.
- ✓ **Year 4:** Understand how to set realistic goals, using a step by step approach to achieve them successfully as part of a group.
- ✓ **Year 5:** Understand how to set realistic goals, describing the dreams and goals of young people in other cultures.
- ✓ **Year 6:** Understand how to set realistic goals, describing ways to work with other people to make the world a better place.

Last week we asked the KS2 children what we meant by 'RP' (Restorative Practice). From the feedback it was clear that Years 5 and 6 understood what it meant. Whilst Year 3 and 4 didn't understand the phrase or label but had a developing understanding of how to resolve an issue and how our feelings can impact on our actions. This week Miss Bamford shared a whole school assembly on RP and spent time talking it through with classes.

Restorative Practice

The behaviour is the bit on top that we can see and the thoughts and feelings are happening under the surface, often where people can't see them.

The problem is that we always presume that we understand what others were thinking and feeling in a situation and we often act on our own thoughts and feelings about the person.

Talking about our thoughts and feelings is important, as it can help us understand our own actions and behaviour and that of others.

With restorative practice, it allows time to think through a situation, looking at a child's behaviour, its consequences and what they can do to make it better. RP experts, in time, hope to help you resolve some issues!

Lakeside is a nut-free school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.

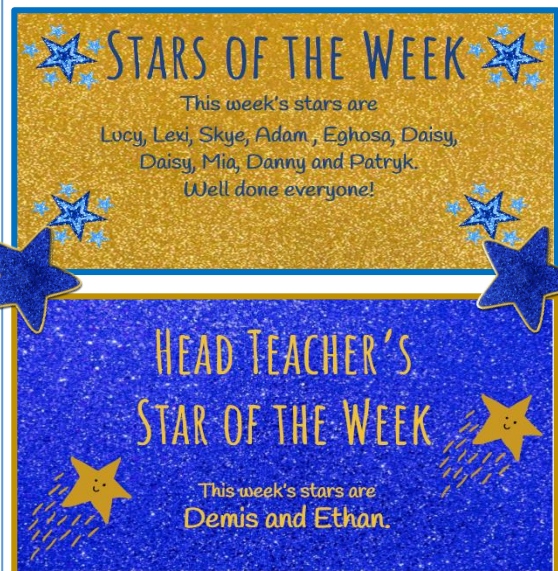


#GETCAUGHTREADING

Don't forget to Tweet your photo of you being 'Caught Reading' and add in @LakesideYork along with #GetCaughtReading



Mrs Wade



OFSTED PARENT VIEW

Last week I sent out the results of our Parent View completed in December. As a school we are looking very closely at the findings and how to move forward. We would be very grateful if you could continue to complete the same questions online using the OFSTED Parent View

<https://parentview.ofsted.gov.uk/login?destination=give-your-views>

Thank you

DATES FOR YOUR DIARY –

Friday 18 th February	School closes
Monday 28 th February	School opens
Friday 11 th March	Training Day (School closed)
Monday 14 th March to Friday 18 th March	EYFS to Year 6 Parents Evening Week
Friday 18 th March	Comic Relief Day
Friday 8 th April	School closes
Monday 25 th April	School opens
Monday 25 th – Wednesday 27 th April	Year 4 Robin Wood Residential

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