

Y2 PSHE JIGSAW KNOWLEDGE ORGANISER CHANGING ME

Puzzle Outcomes

- I know that life cycles exist in nature.
- I know that aging is a natural process including old-age.
- I know that some changes are out of an individual's control
- I know how my body has changed from when I was a baby and that I will continue to change as I age
- I know the physical differences between male and female bodies
- I know the correct names for private body parts
- I know that private body parts are special and that no one has the right to hurt these
- I know who to ask for help if I am worried or frightened
- I know there are different types of touch and that some are acceptable and some are unacceptable



Our Values link



Changing Me at Lakeside Primary Academy

As good citizens of Thrapston Primary School it is important for us to understand that we change and have differences between males and females. We need to be confident in telling people no when we feel frightened or are being hurt.

Key Vocab

Appearance	How you look: your clothes, hair, facial expression, skin tone, and posture
Physical	Relating to the body as opposed to the mind
Vagina	The muscular tube leading from the external genitals to the cervix of the uterus
Penis	A male organ in mammals through which urine and sperm leave the body
Testicles	A male reproductive gland that produces sperm
Vulva	The outside parts of the female reproductive system
Anus	The opening where your bowel movements (also known as poop) come out
Private	Belonging to or for the use of one particular person or group of people only.
Comfortable	Providing physical ease and relaxation.
Uncomfortable	Causing or feeling slight pain or physical discomfort.