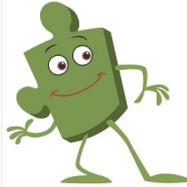


Y5 PSHE JIGSAW KNOWLEDGE ORGANISER CHANGING ME

Puzzle Outcomes

- I know what perception means and that perceptions can be right or wrong
- I know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally
- I know that sexual intercourse can lead to conception
- I know that some people need help to conceive and might use IVF
- I know that becoming a teenager involves various changes and also brings growing responsibility



Our Values link



Changing Me at Lakeside Primary Academy

As good citizens of Lakeside Primary it is important for us to have a good self image and self-esteem and be able to boost that in others. We can understand that thinking about becoming a teenager and having relationships can be tricky but we know it is all about growing up.

Key Vocab

Circumcised	The skin covering the end of the penis has been surgically removed
Uncircumcised	An uncircumcised penis retains the foreskin, which covers the head of a non erect penis
Conception	To become pregnant with (young) conceive a child
Embryo	An unborn human or animal in the earliest stages of growth when its basic structures are being formed
Umbilical cord	The long tube that runs between a mother and her unborn baby. It carries oxygen and nutrients to the baby and waste away from the baby.
Foetus	An animal not yet born or hatched but more developed than an embryo.
Contraception	Deliberate prevention of conception or impregnation

Y5 PSHE JIGSAW KNOWLEDGE ORGANISER CHANGING ME



Key Vocab

Oestrogen	Hormones that are important for sexual and reproductive development, mainly in women.
Fallopian tube	The pair of tubes that carry the egg from the ovary to the uterus.
Genitals	The sexual organs
Foreskin	The sheath of skin that covers the head (glans) of the penis
Hormones	Chemical substances that act like messenger molecules in the body
Testosterone	A hormone made mainly in the testes (part of the male reproductive system). It is needed to develop and maintain male sex characteristics, such as facial hair, deep voice, and muscle growth.
Ovaries	A pair of female glands in which the eggs form and the female hormones estrogen and progesterone are made
Unfertilised	Not having been fertilized;
Fertilised	An egg or seed to start to develop into a new young animal or plant by joining it with a male cell.

Uterus	The uterus is where a fetus (unborn baby) develops and grows. Also called womb.
Cervix	The lower, narrow end of the uterus that forms a canal between the uterus and vagina
Adams apple	The lump formed in the front of a person's neck by cartilage in the throat
Scrotum	The external pouch that in most mammals contains the testes
Erection	An enlarged and rigid state of the penis, typically in sexual excitement
Ejaculation	To eject (semen) in orgasm
Urethra	Duct that transmits urine from the bladder to the exterior of the body during urination
Wet dream	A dream about sex which causes a man to have an orgasm while he is asleep.
Larynx	Produces vocal sounds and prevents the passage of food and other foreign particles into the lower respiratory tracts