

# Y1 PSHE Jigsaw Knowledge Organiser Dreams and Goals

## Puzzle Outcomes

- Know how to set simple goals
- Know how to achieve a goal
- Know how to work well with a partner
- Know that tackling a challenge can stretch their learning
- Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them
- Know when a goal has been achieved



## Our Values link



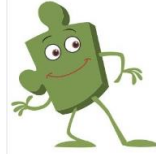
## Dreams and Goals at Lakeside Primary Academy

In this Puzzle the class talk about setting simple goals, how to achieve them as well as overcoming difficulties when they try. The children learn to recognise the feelings associated with facing obstacles to achieving their goals as well as when they achieve them. They discuss partner working and how to do this well.

## Key Vocab

<b>Celebrations</b>	Organised special events and performances
<b>Proud</b>	feeling pleasure or satisfaction
<b>Success</b>	the achievement of something attempted
<b>Achievements</b>	something that has been accomplished by hard work, ability
<b>Goal</b>	an aim or purpose
<b>Teamwork</b>	the cooperative work done by a team
<b>Obstacles</b>	a person or thing that hinders movement

# Y2 PSHE Jigsaw Knowledge Organiser Dreams and Goals



## Puzzle Outcomes

- Know how to choose a realistic goal and think about how to achieve it
- Know that it is important to persevere
- Know how to recognise what working together well looks like
- Know what good group working looks like
- Know how to share success with other people

## Our Values link



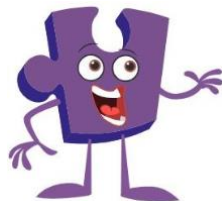
## Key Vocab

<b>Realistic</b>	If you are realistic about a situation, you recognize and accept its true nature and try to deal with it in a practical way.
<b>Proud</b>	feeling pleasure or satisfaction
<b>Strength</b>	Something you are good at
<b>Persevere</b>	you keep trying to do it and do not give up, even though it is difficult.
<b>Challenge</b>	Something or someone may make something difficult
<b>Difficult</b>	When something may be hard to go
<b>Learning together</b>	Working with friends, teachers, or adults to achieve together

## Dreams and Goals at Lakeside Primary Academy

In this Puzzle the class talk about setting realistic goals and how they can achieve them. They discuss perseverance when they find things difficult as well as recognising their strengths as a learner. The children talk about group work and reflect on who they work well with and who they don't. They also talk about sharing success with other people.

# Y3 PSHE Jigsaw Knowledge Organiser Dreams and Goals



## Puzzle Outcomes

- Know about specific people who have overcome difficult challenges to achieve success
- Know what dreams and ambitions are important to them
- Know how they can best overcome learning challenges
- Know that they are responsible for their own learning
- Know what their own strengths are as a learner
- Know what an obstacle is and how they can hinder achievement
- Know how to take steps to overcome obstacles
- Know how to evaluate their own learning progress and identify how it can be better next time

## Our Values link



## Dreams and Goals at Lakeside Primary Academy

In this Puzzle the class look at examples of people who have overcome challenges to achieve success and discuss what they can learn from these stories. The children identify their own dreams and ambitions and discuss how it will feel when they achieve them. They talk about facing learning challenges and identify their own strategies for overcoming these. The children talk about obstacles which might stop them from achieving their goals and how to overcome these. They reflect on their progress and successes and identify what they could do better next time.

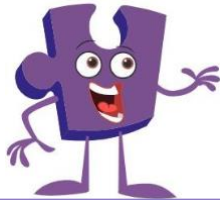
## Key Vocab

<b>Future</b>	A period that will come after the present, or the things that will happen then.
<b>Ambitions</b>	You want very much to do it or achieve it.
<b>Aspirations</b>	Settle or find a solution to (a problem or contentious matter)
<b>Enterprise</b>	a business or company
<b>Solutions</b>	Coming up with ways to solve a problem or difficulty
<b>Evaluate</b>	Reflect on something that has been done
<b>Excited</b>	A good feeling
<b>Perseverance</b>	Persistence in doing something despite difficulty or delay in achieving success.

# Y4 PSHE Jigsaw Knowledge Organiser Dreams and Goals

## Puzzle Outcomes

- Know what their own hopes and dreams are • Know that hopes and dreams don't always come true
- Know that reflecting on positive and happy experiences can help them to counteract disappointment
- Know how to make a new plan and set new goals even if they have been disappointed
- Know how to work out the steps they need to take to achieve a goal
- Know how to work as part of a successful group
- Know how to share in the success of a group



## Our Values link



## Dreams and Goals at Lakeside Primary Academy

In this Puzzle the children talk about their hopes and dreams. They discuss how it feels when dreams don't come true and how to cope with / overcome feelings of disappointment. The children talk about making new plans and setting new goals even if they have been disappointed. The class talk about group work and overcoming challenges together. They reflect on their successes and the feelings associated with overcoming a challenge.

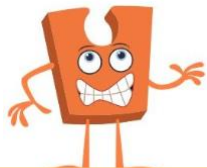
## Key Vocab

<b>Determination</b>	The quality that you show when you have decided to do something and you will not let anything stop you.
<b>Perseverance</b>	Persistence in doing something despite difficulty or delay in achieving success.
<b>Resilience</b>	the ability to bounce or spring back into shape, position, etc.
<b>Positive attitudes</b>	being optimistic about situations, interactions, and yourself.
<b>Disappointment</b>	sadness or displeasure caused by the non-fulfilment of one's hopes or expectations
<b>Fears</b>	A phobia is an anxiety disorder involving excessive and persistent fear of a situation or object
<b>Hurts</b>	cause pain or injury
<b>Positive experiences</b>	are elements of the human experience that an individual finds meaningful, rewarding or emotionally appealing
<b>Viewpoint</b>	A person's point of view

# Y5 PSHE Jigsaw Knowledge Organiser Dreams and Goals

## Puzzle Outcomes

- Know that they will need money to help them to achieve some of their dreams
- Know about a range of jobs that are carried out by people I know
- Know that different jobs pay more money than there
- Know the types of job they might like to do when they are older
- Know that young people from different cultures may have different dreams and goals



## Our Values link



## Dreams and Goals at Lakeside Primary Academy

In this Puzzle the class talk about their dreams and goals and how they might need money to help them achieve them. They look at jobs that people they know do, they look at the fact that some jobs pay more money than others and reflect on what types of jobs they might like to do when they are older. The children look as the similarities and differences between themselves (and their dreams and goals) and someone from a different culture.

## Key Vocab

<b>Differences</b>	a point or way in which people or things are dissimilar.
<b>Teamwork</b>	the cooperative work done by a team
<b>Rallying</b>	the action or process of coming together to support a person or cause.
<b>Support</b>	to agree with and give encouragement to someone or something because you want him, her, or it to succeed
<b>Communication</b>	means of sending or receiving information, such as phone lines or computers.
<b>Sponsorship</b>	financial support received from a sponsor
<b>Culture</b>	the ideas, customs, and social behaviour of a particular people or society.
<b>Aspirations</b>	a hope or ambition of achieving something

# Y6 PSHE Jigsaw Knowledge Organiser Dreams and Goals



## Puzzle Outcomes

Know their own learning strengths

- Know how to set realistic and challenging goals
- Know what the learning steps are they need to take to achieve their goal
- Know a variety of problems that the world is facing
- Know how to work with other people to make the world a better place

## Our Values link



## Dreams and Goals at Lakeside Primary Academy

In this Puzzle the class talk about their own strengths and further stretching themselves by setting challenging and realistic goals. They discuss the learning steps they'll need to take as well as talking about how to stay motivated. The children explore various global issues and explore places where people may be suffering or living in difficult situations - whilst doing this they reflect on their own emotions linked to this learning. The class also talk about what they think their classmates like and admire about them as well as working on giving others praise and compliments.

## Key Vocab

<b>Praise</b>	express warm approval or admiration of
<b>Compliment</b>	a polite expression of praise or admiration
<b>Empathy</b>	The ability to understand and share the feelings of another.
<b>Hardship</b>	a situation in which your life is difficult or unpleasant, often because you do not have enough money.
<b>Global issues</b>	a matter of public concern worldwide. This list of global issues presents problems or phenomena affecting people around the world, including but not limited to widespread social issues, economic issues, and environmental issues
<b>Suffering</b>	the state of undergoing pain, distress, or hardship
<b>Motivation</b>	a reason or reasons for acting or behaving in a particular way
<b>Hope</b>	a feeling of expectation and desire for a particular thing to happen.