



A MESSAGE FROM MRS HAYES-SMITH

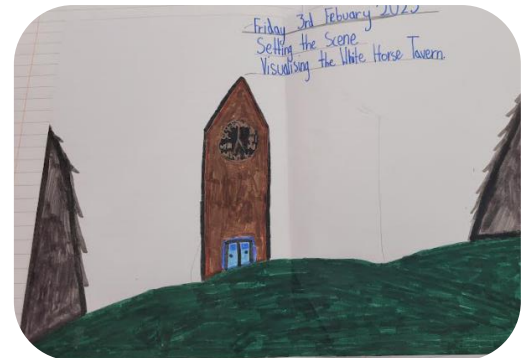
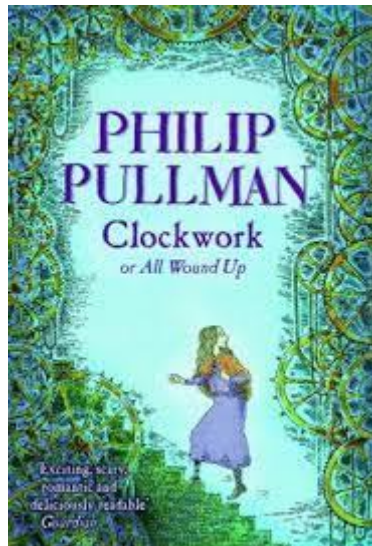
CLOCKWORK

OR ALL WOUND UP

"It's shocking and dramatic." A.C

"It is a very immersive story."
D.J.

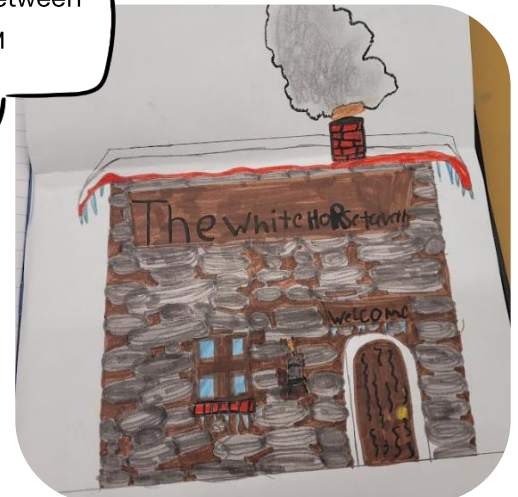
Team Elder, as part of English, learning have examined the scary and dramatic 'Clockwork' by Philip Pullman.



"I can't wait to find out how it ends." I.P.S

"It jumps between stories." S.M

"If you want a calm book with a happy ending- this is NOT the book for you." B.F



Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.



Mental Health



WHAT WE ARE DOING IN SCHOOLS?

- Early intervention for young people in schools.
- Work with school staff to build a Whole School Approach to mental health.
- Act as a link between schools and local mental health services.
- Offer advice, support and signposting information.



SPRING TERM

- It was children's mental health week from 6th Feb and this year's theme was 'Connect', this is one of the five ways to wellbeing.
- Human beings thrive in communities, and this connection is vital for our wellbeing, and our survival. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.
- Parents and carers have an important role to play when helping children develop meaningful connections. Children will watch how the adults around them connect with friends and family and this will influence how they learn to greet people and maintain friendships.

AT LAKESIDE

- Identified the well-being ambassadors and started delivering their training
- Delivered a self-esteem and resilience workshop for KS2 over 4 sessions
- Delivered a self-belief and resilience workshop for KS1 over 4 sessions
- Delivered class sessions focused on loss, grief and attachment based on the 'invisible string'
- Direct work with young people and families
- For children's mental health day, the wellbeing in mind team will be delivering an assembly on the theme 'connect' as part of the 5 ways to wellbeing

A TO Z OF 'LET'S CONNECT'

Children's Mental Health Week

A for ATTACHMENT Feel the attachment to friends and family	B for BELONGING Belong to groups where there are common interests	C for COMMUNITY Be part of your community	D for DEPENDABLE Who can you depend on?
E for EXPLORE Explore and make new friendships	F for FRIENDS Make time to see your friends	G for GREETINGS Greet people with a smile and friendly word	H for HELPING Offer your help to anyone that needs it
I for INSPIRING Be inspiring to others	J for JOIN IN Join in with games and activities	K for KINDNESS Show kindness to others always	L for LISTEN Use your listening skills when talking to others
M for MEANINGFUL Make meaningful relationships	N for NAMES Ask people what their names are and use them	O for OPENNESS Be open and friendly to all	P for PLAY Play with lots of different people
Q for QUALITY Spend quality time with others	R for RAPPORT Who do you feel close to?	S for SAFE Spend time with people who make you feel safe	T for TOGETHER Do exciting things together
U for UNITY Who can you unite with?	V for VALUE Value your family and friends	W for WELCOME Always be welcoming to others	X for EXCEL Excel at friendliness
	Y for YES Say yes to new adventures	Z for ZEALOUS Be an enthusiastic friend	

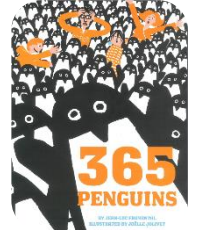
eLSR support

Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.



NUMBER DAY



Today we have been celebrating Number Day. Each class has been doing fun, collaborative, problem solving activities. The Year 5 and 6 Play Leaders organised number related games at break time, and we have "dressed for digits".



ARE YOU A HERO?

Attendance Matters



HERE
EVERYDAY
READY
ON TIME

HERO Raffle Winner
Charlotte Mortimer
In Team Ash
1st Prize Vue Gift Voucher

ARE YOU INTERESTED IN BEING A MIDDAY SUPERVISORY ASSISTANT (MSA)?

We have a position available for 1 hour a day to support the children at lunchtime

Midday Supervisory Assistant (MSA)
Lakeside Primary Academy, York
£10.50 – £10.79 per hour
5 hours per week, to be worked during term time
Apply via the Ebor Academy Trust [Vacancies](#)

DATES FOR YOUR DIARY –

Monday 20 th February	School opens
Monday 20 th February (am)	Y1 & Y2 Woodland Adventure Workshop (waterproof coat, warm clothes and trainers/wellies required)
Monday 24 th February (am)	EYFS Woodland Adventure Workshop (waterproof coat, warm clothes and trainers/wellies required)
Friday 17 th March	Training Day – School Closed
Friday 3 rd March	School closes for Easter
Monday 17 th April	School Opens

Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.