



## A MESSAGE FROM MRS HAYES-SMITH

## SHARING THE CURRICULUM

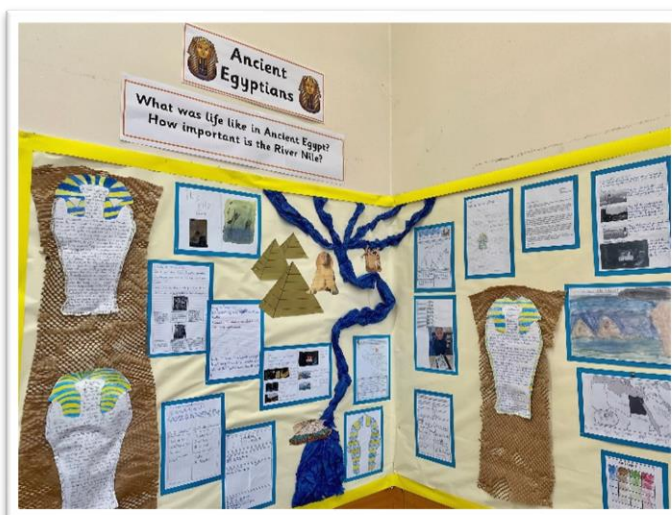
It has been fabulous to welcome parents into school this week so that the children can share their learning.

The children have been really excited to talk about what they have been doing and the knowledge that they have learnt. Over the three days we have welcomed approximately 150 parents into school and aim to repeat the experience later on in the summer term.



## LET'S EXPLORE

Over the last few months the children have been finding out Arctic Explorers, Egyptians and the Rainforest and we are very proud to display some of this work in the hall for all to see. It has been fantastic to observe the children looking at what the other year groups have been learning and talking to their friends about it.

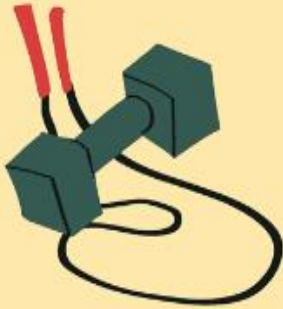


**Lakeside is a nut aware school**

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.



## Mental Health



**Exercise**



**Take a bath**



**Give yourself  
a pep talk**



**Meditate**

## Problem-Focused Coping Skills



**Work on  
managing time**



**Ask for support**



**Establish  
healthy boundaries**



**Create a  
to-do list**

## LAKERS ACTIVITIES

Upcoming Lakers events in school. More information to follow via ParentHub

**Egg decorating competition** – Entries to be in school in school no earlier than Wednesday 29<sup>th</sup> March and will be judged on Thursday 30<sup>th</sup> March

**Disco** – Thursday 20<sup>th</sup> April      EYFS & KS1 4:30–5:45pm      KS2 6–7:15pm

## DATES FOR YOUR DIARY –

Monday 27<sup>th</sup> March to Thursday 30<sup>th</sup> March

Friday 31<sup>st</sup> March

Monday 17<sup>th</sup> April

Thursday 20<sup>th</sup> April @ 1.30 pm

Friday 21<sup>st</sup> April @ 1.30 pm

EYFS to Year 6 Parents Evening Week

School closes for Easter

School opens

KS1 Shackleton Performance

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