

A MESSAGE FROM MRS HAYES-SMITH

This week so many children have really demonstrated our Virtues of

WELL
done
you
Did
It!

RESPECT, RESILIENCE AND SELF-BELIEF

In Year 6 the children have completed their National Statutory assessments (SAT's) and showed us just how amazing they are. They all showed true Resilience and Self Belief. Visitors to school were very impressed about how they approached their tests in a calm manner.



If there is something that you wish to discuss then please talk to your child's class teacher or speak to the office to ask your child's teacher to call you.

A member of Lakeside's Senior Leadership Team is always outside school at drop off and pick up if you wish to speak to us. We will endeavour to respond to queries quickly however if more time is needed then we can make an appointment.

There is also the slt.lak@ebor.academy email address. This is only accessed by Mrs Fowler (Assistant Head EYFS & KS1), Miss Bamford (Assistant Head KS2, SENCO & Deputy DSL) and Mrs Hayes-Smith (Head teacher and Designated Safeguarding Lead). We will acknowledge emails initially then respond more fully after the required information has been gathered.

KINDNESS

The last couple of years have really shown us that it is so important to look after our wellbeing and mental health as well as show kindness, both to ourselves and to others. We are really aware that people manage and react to events in very different ways and at times we can put a tremendous amount of pressure on ourselves. We need to recognise that we are doing well and sometimes if we struggle that it's okay too.

It is especially important to be kind when speaking to others. It really does sadden me when I hear children being unkind to each other and we continually address this through PSHE and Restorative Practice. We as adults really must model speaking respectfully to other adults as well as using appropriate language. Across school recently we have seen a rise in the use of inappropriate language and have heard children when they have left the school grounds using language which is offensive. We really need to ensure that everyone is respectful when talking to each other.

children are great imitators. so give them something great to imitate.

Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.

Mental Health



How to nurture a child's mental health



Actively listen before offering your advice



Be patient



Share your feelings and validate theirs



Tell the truth



Model healthy behavior



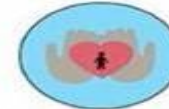
Surround them with healthy adults



Be consistent and follow through with what you promise



Teach them how to be safe



Believe them and in them



Use open ended questions



Have scheduled family time



Limit electronic time for everyone



Reach out and hug them



Practice relaxation exercises together



Model forgiveness



Respond calmly when their emotions are elevated



View their behavior as a window to their needs and feelings



Make play and exercise a requirement



Recognize positive choices



Be present



Set and respect boundaries

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DATES FOR YOUR DIARY –

Tuesday 16th – Friday 19th May
Monday 22nd – Friday 26th May
Friday 26th May
Monday 5th June
Monday 5th June – Friday 16th June
Tuesday 13th June – Friday 16th June
Friday 21st July

KS1 Statutory Assessments
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School closes for May Half term
School opens
Y4 Multiplication Tables Check
Phonics Screening
School Closes at 12 noon

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