

### **Lakeside News**

Friday 1st December 2023



www.lakeside.ebor.academy
Email admin.lak@ebor.academy
SIT email -slt.lak@ebor.academy
Tel 01904 806444
Oakdale Road, Clifton Moor, York, YO30
4YI
Head of School: Helen Hayes-Smith
Executive Head teacher and Hub Lead: Gail

Brown @LakesideYork

## A MESSAGE FROM YEAR 6

# Carlton Lodge Residential

This week the Year 6 were off to Carlton Lodge for their Year 6 Residential. The children were great ambassadors for the school and showed real enthusiasm for the whole experience. We are so proud of each and every child that came to Carton Lodge! They were resilient, determined and challenged themselves in so many different ways. It was a pleasure to take them! Mrs Wakeley, Miss Bruce, Mr Crawford, Mr Gunnell and Mrs Hayes-Smith.

Y6 quotes:

It was brilliant!

Can we go again?

It was so much fun.

It was the best residential.

I loved every minute of it. The food was 10 out of 10!





















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## A MESSAGE FROM YEAR 6

























Lakeside is a nut aware school



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### Mental Health



### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

**Spread** 

kindness and

share the

December

calendar with

others

#### SATURDAY

Contact

someone you

can't be with

to see how

they are

#### SUNDAY

Offer to

help someone

who is facing

difficulties at

the moment

Support a charity, cause or campaign you really care about

Give a gift to someone who is homeless or

feeling lonely

Leave a positive message for someone else to find

Give kind comments to as many people as possible today

Do something helpful for a friend or family member

Notice when

you're hard on yourself or others and be kind instead

Listen wholeheartedly to others without judging them

ecember Kindness 2023

Buy an extra item and donate it to a local food bank

Be generous. Feed someone with food, love or kindness today

See how many different people you can smile at today

13

Share a happy memory or inspiring thought with a loved one

Say hello to your neighbour and brighten up their day

Look for something positive to say to everyone you speak to

Give thanks. List the kind things others have done for you

Ask for help and let someone else discover the joy of giving

someone who may be alone or feeling isolated

Help others by giving away something that you don't need

Appreciate kindness and thank people who do things for you

Congratulate someone for an achievement that may go unnoticed

give or receive the gift of forgiveness

Bring joy to others. Share something which made you laugh



25 Treat everyone with kindness today, including yourself!

Get outside. Pick up litter or do something kind for nature

Call a relative who is far away to say hello and have a chat

Be kind to the planet. Eat less meat and use less energy

Turn off digital devices and really listen to people

Let someone know how much you appreciate them and why

Plan some new acts of kindness to do in 2024

ACTION FOR HAPPINESS

Happier · Kinder · Together





### DATES FOR YOUR DIARY -

Friday 8<sup>th</sup> December

Wednesday 13th December - 2 to 3 pm

Thursday 14th December -2.15 to 3.15 pm

Thursday 14<sup>th</sup> December - 9.45 to 10.45 am

Friday 22<sup>nd</sup> December

Monday 8th January

Training Day - School Closed

EYFS Nativity to Parents

KS2 Carol Service (please note new time)

EYFS Nativity to Parents

School Closes

School Opens

#### Lakeside is a nut aware school