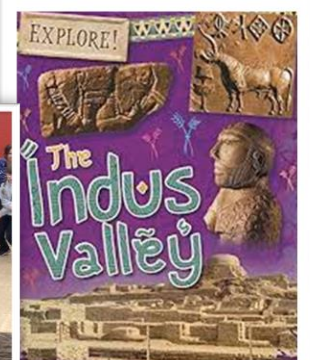




A MESSAGE FROM MISS BRUCE

The Indus Valley

Today Team Turtles have spent the day taking part in a drama workshop all about the Indus Valley. At the end of the day they were delighted to share their learning with parents and carers.



Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.



Pupil Voice

This week's pupil voice looked at the subject of Computing. Mrs Hayes-Smith interviewed groups of children throughout school to ask about being safe on the internet. This year's focus for Safer Internet day was Inspiring change? Making a difference, managing influence and navigating change online.

Bobby
Team
Rhinos



To stay safe on the internet you must not click on things that you do not know as they might be scams or viruses. If you do you must tell your trusted adult. If anyone asks for your personal information or asks for videos or pictures then you should also tell your trusted adult.

SCIENCE QUIZ



What's wrong here?

Find the most obvious scientific error in this picture.

Thank you to everyone who took part in our science quiz last week.

Here's our next picture to get our brains thinking. For those that really want to think scientifically what is the exact answer for this one? This means when you find the error, you have to tell me what the correction should be to make it true.

Talk to your adults at home, what do they think?

Have fun! To enter you must use your school email, your parents email will not work.

Log onto the google forms using your @lp.ebor.academy email address, the form will also be placed in your classroom.

Science Quiz click here to post your answer

<https://forms.gle/kNVGkwT8PZ12ByKWA>

Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.



Mental Health



Questions to ask your child



What things are you looking forward to?

Is there anything you want to talk about?

When was the last time you were very happy?

What makes you feel calm?

How are you finding things at school at the moment?

What difficulties are you facing now?

What can I do to help?

Where is a place you feel safe?

What things would you like to do in the future?

Would it be helpful if we planned each day together?

Do you have any worries about the coronavirus?

Where in our home do you feel like you can have your own space?

What have you enjoyed about today?

What are you worried about when you lie in bed and can't sleep?

Can you show me what you like about gaming?

How do you feel about things changing?

What do you think could help you to feel better?

15 ways to promote and support Good Mental Health

1. Make sure you get enough sleep
2. Eat healthy food and drink healthy drinks
3. Learn how to relax and switch off
4. Connect with friends and family
5. Learn new things every day
6. Help others when ever you can
7. Exercise each day
8. Talk about your feelings
9. Be mindful and take notice of what is happening around you
10. Be thankful for all the things you have
11. Set goals for yourself and embrace your wishes and dreams
12. Challenge any negative thoughts
13. Learn how to smile more!
14. Ask for help if you have a problem
15. Have fun and laugh!



ARE YOU A HERO?

05.02.2024 – 09.02.2024

**Here
Everyday
Ready
On time**

Each day your child is in school they will receive a raffle ticket and be entered into our Spectacular Spring Raffle.

Winner of our **HERO Raffle is Charlotte Team Rhinos**

1st Prize Vue Cinema Voucher

Success at school starts with attendance

There are 175 non school days a year - that's 175 days to spend on family time, appointments, holidays, shopping and everything else.

There are 190 school days each year	191 days at school means	171 days at school means	161 days at school means	152 days at school means	143 days at school means
100% attendance	96% attendance	90% attendance	85% attendance	80% attendance	75% attendance
Good	Worrying	Serious Concern			
Best chance of success and gets your child off to a flying start!	Less chance of success and makes it harder to make progress.	It's just not fair on your child - and could lead to court action.			



DATES FOR YOUR DIARY –

Friday 9th February

Monday 19th February

Wednesday 29th February 2024 at 3:30pm

Monday 18th March to Thursday 21st March

School closes for half term

School Opens

WIMT coffee afternoon about sleep

EYFS to Year 6 Parents Evening Week

- Monday phone call appointments

- Tuesday Virtual appointments

- Wednesday Face to Face appointments

- Thursday additional appointments

Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.