



A MESSAGE FROM MRS MARSHALL, MS CRAWFORD, MISS BI AND MISS HUNTER

Musical Showcase

The pupils with Ms Crawford played a selection of violin pieces from the book 'Dynamite Strings' by Georgina Leach and a vibrant Brazilian Samba performance of 'Word Samba' written by Andy Gleadhill.

'The children have gained valuable experience in preparing for this concert; I am proud of their perseverance, patience and enthusiasm. Well done!' Ms Crawford



The children performed with confidence and flair. I felt really proud watching them and so pleased that all of their concentration and hard work shone through in the concert. The timing on the stick drumming was amazing! Miss Hunter



It was incredible to see the children perform with confidence and enthusiasm. I am proud of how far they have come with their learning and I am looking forward to seeing them continue to excel in their music journey. Well done to everyone! Miss Bi



Lakeside is a nut aware school

Please can we remind you that there are several children in our school with serious nut allergies. Therefore, we kindly ask that you are extra vigilant when sending in food from home.



A MESSAGE FROM MRS MARSHALL, MS CRAWFORD, MISS BI AND MISS HUNTER - Year 5 - Curriculum Music

Mrs Marshall's group showcased the work they had been doing on ukuleles (revisited from Year 4) performing 'It's raining, it's pouring' practising their different picking and strumming techniques on open strings plus performing a surprise 'rap' in the middle. Throughout the term and a half the children have also been exploring a range of tuned percussion from bells to boomwhackers. Teaming these with sticks and drums. The second performance was with sticks, boomwhackers and drums to 'Believer' by Imagine Dragons.

"Well done everyone! The children did a brilliant job at working together as an ensemble. I look forward to working with the children again in Year 6 - I will miss them now they have moved onto violin and Samba percussion. It's been a lot of fun this term and a half!" Mrs M

What else have the children been doing with Mrs Marshall? In music lessons the children have been working on their listening skills. This has included learning about a whole range of music from Pop to Classical, Folk, Jazz and Cultural styles. They have learnt how to identify different instruments also learned all about music vocabulary such as melody, pitch, rhythm, texture, structure, tempo, dynamics and much more!



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This week's pupil voice looked at the subject of Music. Mrs Marshall and the Year 5 team have talked to the children about what they thought about the musical showcase

Pupil Voice

I think it was quite fun but a bit hard because we were performing in front of a lot of people but we still pushed through it!

Lilyana

I found it fun because I was surprised how much we have all learnt

Harrison



I felt good because everybody was showing the music and how they've learnt it.

Riley

I thought it was good that we could show our parents what we've been learning.

Evie P

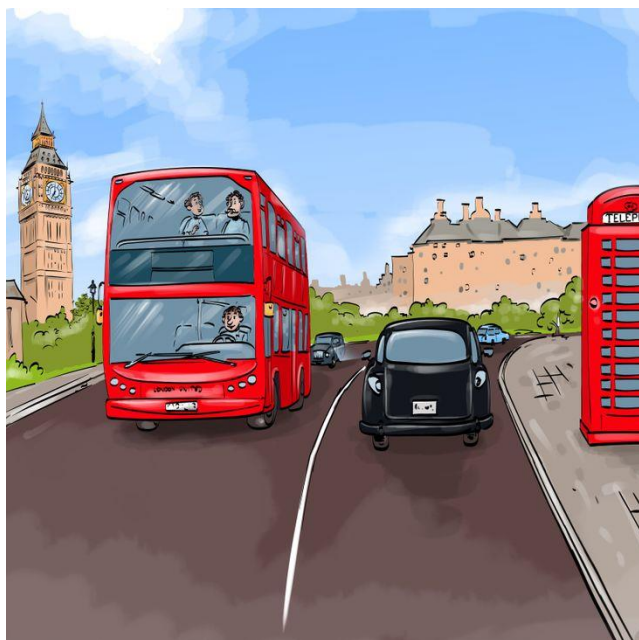
It was good because we weren't just learning, we were also having fun.

Ruby B

I feel proud because we tried our best and it was a bit hard but we still got through it.

Logan

SCIENCE QUIZ –What's wrong here?



Thank you to everyone who took part in our science quiz last week.

Here's our next picture to get our brains thinking.

Talk to your adults at home, what do they think?

Have fun! To enter you must use your school email, your parents email will not work.

Log onto the google forms using your @lp.ebor.academy email address, the form will also be placed in your classroom.

Science Quiz click here to post your answer

<https://forms.gle/AnFFKs9uuvXB2cGs9>

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ARE YOU A HERO?

**Here
Everyday
Ready
On time**

Introducing the monthly 97% or above reward!

Each month Hollywood Bowl is giving us 4 tickets to reward children. We have made the decision to hold a monthly raffle for those children who are 97% or above. We will draw the raffle next week.

Key information

- Posters are to be handed to the voucher winner to bring in to the centre to redeem to win their games
- Codes have to be used within the month to receive the free games
- Codes are only redeemable by the pupil who has received the reward, additional players will be charged should they wish to take part.

EBOR ACADEMY TRUST

WHY EVERY DAY COUNTS

Success at school starts with **attendance**

There are **175 non school days** a year – that's 175 days to spend on family time, appointments, holidays, shopping and everything else.

There are 190 school days each year	181 days at school means	171 days at school means	161 days at school means	152 days at school means	143 days at school means
No lost learning =	...9 days of missed learning =	...19 days of missed learning =	...29 days of missed learning =	...38 days of missed learning =	...47 days of missed learning =
100% attendance	96% attendance	90% attendance	85% attendance	80% attendance	75% attendance
Good		Worrying		Serious Concern	
Best chance of success and gets your child off to a flying start!		Less chance of success and makes it harder to make progress.		It's just not fair on your child – and could lead to court action.	
					

We understand that children can become ill and that it is not always easy to decide whether to send them into school or keep them at home.

Please see our traffic light reference guide below to support with making this decision.

Green - Come to school
Coughs, colds, tiredness, sore throats.
We will always phone you if their symptoms worsen

Amber - Seek advice
Headaches, stomach aches.
Children can sometimes feel unwell for a variety of reasons; call for advice.

Red - Stay at home
Sickness & Diarrhea
48hrs must have elapsed from children's last episode before returning to school

If your child is too ill to attend school, please contact the school office before **09:00** with full details of your child's illness/symptoms.

If we do not hear from you, we will ring you to find out why your child is not in school. We will make contact with all of your contacts.

If we cannot make contact a home visit will be conducted.

If we cannot make contact additional agencies may be contacted for advice.

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Mental Health



Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

TUESDAY



5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today
dayofhappiness.net

27 Appreciate nature around you, wherever you are

THURSDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

FRIDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

SATURDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

SUNDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

ACTION FOR HAPPINESS

Happier · Kinder · Together

DATES FOR YOUR DIARY –

Monday 18th March to Thursday 21st March

EYFS to Year 6 Parents Evening Week

- Monday phone call appointments
- Tuesday Virtual appointments
- Wednesday Face to Face appointments
- Thursday additional appointments

Friday 22nd March

School closes for Easter

Monday 8th April

School opens

Monday 15th April

Training Day – School closed

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