

Friday 6th December 2024



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Tel 01904 806444
Oakdale Road, Clifton Moor, York, YO30 4YL
Head of School: Helen Hayes-Smith
Executive Head teacher and Hub Lead: Gail Brown
@LakesideYork

#### A MESSAGE FROM YEAR 6 ...

# Carlton Lodge Residential

Last week the Year 6 went to Carlton Lodge for their Year 6 Residential. The children were great ambassadors for the school and showed real enthusiasm for the whole experience. We are so proud of each and every child that came to Carton Lodge! They were resilient, determined and challenged themselves in so many different ways. It was a pleasure to take them! Mrs Richards, Mr Walsh, Mrs Dobson, Mrs Shephard and Miss Bi.





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## CLIMBING WALL



# PROBLEM SOLVING





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# RAFT BUILDING



## BUSHCRAFT





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## ARCHERY



## CANDEING





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# HIGH ROPES





















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# OUR THOUGHTS ABOUT THE RESIDENTIAL I liked canoeing because it was on water and normally I don't like water activities. Harry H I enjoyed doing the high ropes because it was challenging and fun. Maisie I liked bushcrafting because we got to have marshmallows and made our own fires. Evie It gave me a break from electronics! Talia It allowed me to try new things, such as the high ropes. Ruby R It was jaw dropping and really really good. Harley It was a really fun experience but very cold so if you go in the winter make sure you bring layers! Olive Really good experience. Lewis It is really good as we can use these skills we have learnt later on in our jobs. Zac The zip line was scary but I liked it. Emirhan It was really fun and an opportunity to try new things. Arthur I liked bushcraft because I got to eat a cricket! Tillie

I really enjoyed it, even though at times it was a bit scared. Autumn

It was excellent and the English breakfast was epic! James

It let me face my fears, because I am not keen on heights! Maxwell



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#### SAFEGUARDING THOUGHT OF THE WEEK

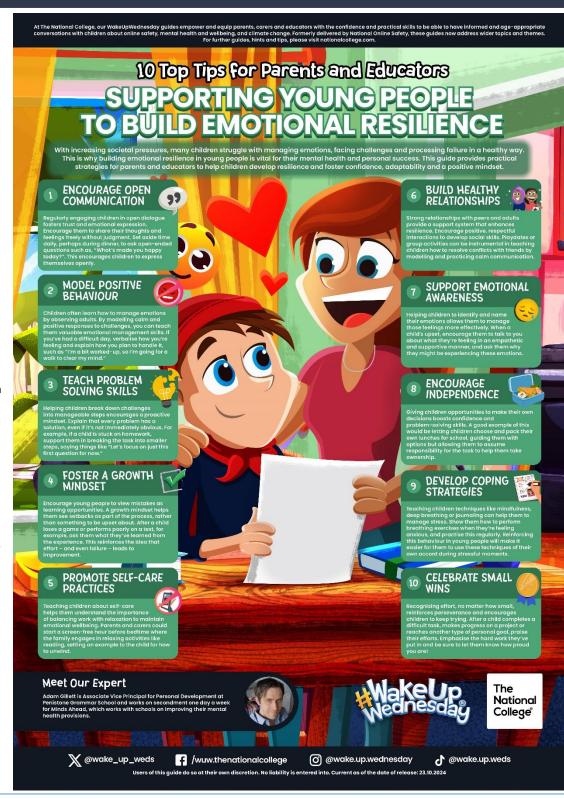
06.12.24

#### What We Need to Know About Supporting Children to Build Emotional Resilience

The National College's free online safety guide on how to nurture self-esteem in children and young people and help them to effectively process difficult feelings.

Facing unpleasant feelings can be a challenge, even for adults – let alone for children and young people, whose minds are still developing. To many youngsters, a mistake in an exam, a hurtful word or even losing in a game can sometimes feel like the worst thing in the world, causing them to react accordingly.

However, this isn't always an effective way to deal with difficult emotions or life's setbacks, so it's important that parents and educators are able impress a healthy approach to these feelings on the children in their care. This free guide offers you expert tips on how to instil emotional resilience in young people, helping them to learn from unexpected feelings and situations – and to process them in a mature, effective manner.





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## Mental Health











Each day your child is in school they will receive a raffle ticket and be entered into our Spectacular December Raffle where there is a selection box every day to win.

#### DATES FOR YOUR DIARY -

Wednesday 11th December

Wednesday 11th December 2:00 pm

Wednesday 11<sup>th</sup> December 6:00 pm

Thursday 12<sup>th</sup> December 9:30 am

Thursday 12th December 2:30 pm

Friday 13th December 9:30 am

Thursday, 12th December 3:20 pm - 4:20 pm

Friday 20<sup>th</sup> December

Monday 6th January 2025

Tuesday 7<sup>th</sup> January 2025

Christmas Dinner and Jumper Day

EYFS Nativity to parents (Team Tigers)

Open Evening for prospective parents for September 2025

Key Stage 2 Christmas Concert at school

Key Stage 1 Carols around the Christmas tree at school

EYFS Nativity to parents (Team Tigers)

Parent Wellbeing Workshop with the WBIM Team focusing on resilience

School closes at normal time

SCHOOL CLOSED - TRAINING DAY

School reopens

#### Lakeside is a nut aware school